**FARIDA ABUBAKAR**

**Contact Address: Phone Number:**

No. 1 Shuaib Quarters, 09031849909, 08072121952

Kainji Road, Mokwa, Niger State. **Email:** phareedah143@gmail.com

**PERSONAL PROFILE:**

An experienced emergence response Nurse with good clinical judgment, focus and determined who has track record in providing effective health care in clinical settings and community based to the sick and also a good communicator, both orally and in writing with experience of dealing with a wide cross section of members of the public as a true professional. I am able to show correct balance of empathy and assertiveness.

**PERSONAL DATA:**

Place of Birth: Mokwa

Date of Birth: 15th March, 1999

Local Government Area: Mokwa

State of Origin: Niger

Nationality: Nigerian

Gender: Female

Marital Status: Married

Language Spoken: English, Hausa, Yoruba and Nupe

**ACADEMIC PROFILE:**

Universal Basic Education, Mokwa 2009

Federal Government Girls College, New-Bussa 2015

Niger State College of Nursing Science, Bida 2018

**CERTIFICATE OBTAINED:**

First School Leaving Certificate 2009

Senior School Certificate Examination. 2015

Diploma in Nursing (General Nursing) 2018

(Bsc in view )

**PROFESSIONAL EXPERIENCE:**

**NERO-PSYCHIATRIC DEPARTMENT, FEDERAL MEDICAL CENTRE, BIDA**

**Position: Trainee Nurse**

**Responsibilities:**

* Diversional therapy
* Observation of early signs and symptoms of mental disorders
* Primary management of mental disorders
* Psychotherapy
* Assisting the doctor while carrying out ECT and EEG management
* Occupational therapy
* Admission process of patient(s)
* Preliminary assessment of patient of admission (vital signs)
* Stabilization of emergent cases based on triage system before the arrival of the doctor
* Sample collection and preparation for laboratory investigation
* Counseling patients before and after laboratory test
* Ward report writing and ward inventories management
* Administration of prescribed medication
* Implementation of Nursing care plan for effective patients care
* Serving of bed plans and urinals
* Patient hygiene’s (able and disable patient’s)
* Pre and post-operative Nursing management
* Would dressing
* Setting of I.V fluid
* Antenatal and postnatal care
* Maternal and child health Nursing care
* Conducting deliveries (normal and abnormal)
* Theatre management
* Providing patient comfort measures (e.g. bed making)
* Adhoc duties like blood transfusion

**UMARU SANDA NDAYAKO GENERAL HOSPITAL, BIDA**

**Position: Trainee Nurse**

**Responsibilities:**

* Admission process of patient(s)
* Preliminary assessment of patient of admission (vital signs)
* Stabilization of emergent cases based on triage system before the arrival of the doctor
* Sample collection and preparation for laboratory investigation
* Counseling patients before and after laboratory test
* Ward report writing and ward inventories management
* Administration of prescribed medication
* Implementation of Nursing care plan for effective patients care
* Serving of bed plans and urinals
* Patient hygiene’s (able and disable patient’s)
* Pre and post-operative Nursing management
* Would dressing
* Setting of I.V fluid
* Antenatal and postnatal care
* Maternal and child health Nursing care
* Conducting deliveries (normal and abnormal)
* Theatre management
* Providing patient comfort measures (e.g. bed making)
* Adhoc duties like blood transfusion

**ANURI SPECIALIST HOSPITAL, BIDA**

**Position: Registered Nurse**

**Responsibilities:**

* Admission process of patient(s)
* Preliminary assessment of patient of admission (vital signs)
* Stabilization of emergent cases based on triage system before the arrival of the doctor
* Sample collection and preparation for laboratory investigation
* Counseling patients before and after laboratory test
* Ward report writing and ward inventories management
* Administration of prescribed medication
* Implementation of Nursing care plan for effective patients care
* Serving of bed plans and urinals
* Patient hygiene’s (able and disable patient’s)
* Pre and post-operative Nursing management
* Would dressing
* Setting of I.V fluid
* Antenatal and postnatal care
* Maternal and child health Nursing care
* Conducting deliveries (normal and abnormal)
* Theatre management
* Providing patient comfort measures (e.g. bed making)
* Adhoc duties like blood transfusion

**MESL STAFF SCHOOL CLINIC, JEBBA**

**Position: Registered Nurse**

**Responsibilities:**

* Admission process of patient(s)
* Preliminary assessment of patient of admission (vital signs)
* Stabilization of emergent cases based on triage system before referral to the hospital
* Report writing and inventories management
* Administration of prescribed medication
* Implementation of Nursing care plan for effective patients care
* Would dressing
* Setting of I.V fluid
* Providing patient comfort measures (e.g. bed making)

**SKILLS SUMMARY:**

* Managing patient’s information in a professional, confidential and timely manner.
* Having a lots of initiatives and able to work autonomously without constant supervision.
* Ability to effectively lead and supervise a multi-disciplinary team in a pressurized healthcare environment.
* Use of participatory rural appraisals tools and techniques for need in assessment.
* Good planning and organizing skills.
* Having an open mind to learn and the willingness to teach others.
* Facilitation on health education individuals and community members.
* Experience and knowledge of inclusive practices and health promotion techniques for vulnerable communities.
* Always having an innovation and energetic manner along with a cheerful disposition.
* Proficient in use of M.S Word, Excel in preparation of data se products and development of database and use of power point in slide presentation.

**REFERENCES:**

Alhaji Bello Abubakar,

Head of Department of General Studies (GNS),

Niger State College of Agriculture,

Mokwa, Niger State.

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Nurse Gana Mohammed,

HOD Pharmacology Department,

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Nurse Yakubu Zakari Dabban,

Staff Nurse at Federal Medical Center,

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